



Aomori University of Health and Welfare Graduate School of Health Sciences

The Graduate School of Health Sciences
Major in Health Sciences

(Master's Course·Doctoral Course)



Message from the President

Reverence for Knowledge (Feeling of Deep Respect)

The most valuable thing I learned through my post graduate studies is that I was faced with overwhelming knowledge. It made me realize there are many things I do not know, and what I thought I knew was so little. This forced me to become humble towards learning and knowledge. I believe that this should be how we seek knowledge.

Human Care and Science

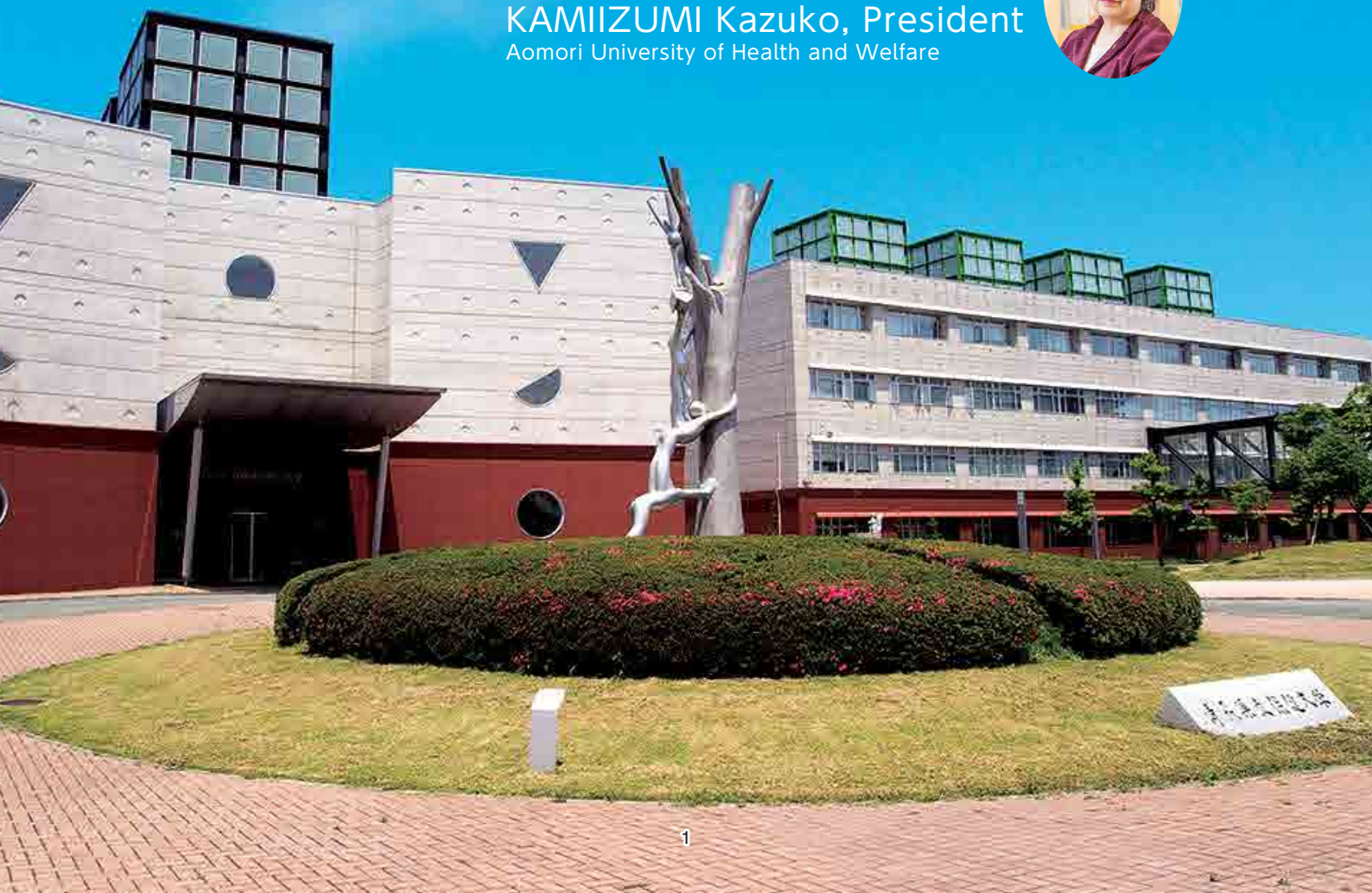
The method of providing care for others should differ according to each individual. When we confront what we are not sure about, we tend to apply what we already know to each situation and try to find an adequate solution. However, providing care for people is not that simple. We should not assume we understand by applying what we already know.

The Mentality of Not Avoiding What You Do Not Know

You will be confronted with many problems and things you do not know. Do not run away from them. You must face them.

An inquisitive mind can only be built by getting lost.

KAMIZUMI Kazuko, President
Aomori University of Health and Welfare



Message from the Dean of Graduate School of Health Sciences

Welcome to the World of Deep Knowledge!

SATO Shin, Dean

Aomori University of Health and Welfare
Graduate School of Health Sciences



The Graduate School of Health Science established its Master's Course in 2003 and Doctoral Course in 2005, producing a number of highly specialized professionals in fields such as nursing, physical therapy, social welfare and nutrition, as well as researchers and educators. Starting 2017, we have restructured our curriculum to foster human resources who will lead the next generation of "health and welfare" of the community, including Aomori Prefecture.

Our graduate school has three major characteristics. First, we are one of the few schools to establish three fields of research including "Department of Public Health Social Welfare Policy", "Department of Applied Health and Life Sciences" and "Basic Research and Practical Technologies" with an aim to promote interdisciplinary research and cooperation with other professions. Students will have their own research topic, but at the same time, they will pursue their interdisciplinary studies by cooperating with other fields of study. This will prepare them to "cooperate with other professions", which they will experience when they go out into the real world. Secondly, we have a Certified Nurse Specialist Program in Cancer Nursing. Lastly, our courses and subjects are designed so that students can plan flexibly according to their fields of study or career paths. We also have classes on weekends and night time for those students that work during the day. Therefore, we provide the perfect environment to enhance their careers in the future for those who wish to pursue their studies after graduation and/or working professionals who have the ambition to study to improve the health of others or the quality of their own lives.

We believe that the sophisticated expertise and the ability to carry out researches acquired by learning at our graduate school will help students achieve their future goals as highly specialized professionals. We are looking forward to welcoming students with whom we can share the joy of research and the feeling of excitement.



Outline

Master's Course

It is our goal to promote learning and research that links health care and welfare, and to educate and research specialized academic theory and application to foster human resources with rich knowledge and sophisticated expertise so that we can contribute to the development of academics and the community. We also offer courses online.

■ The fields of study and courses available:

- Department of Public Health Social Welfare Policy
- Department of Applied Health and Life Sciences
- Basic Research and Practical Technologies
- Certified Nurse Specialist Course

■ Degree Titles Awarded:

Persons who have completed the Master Course of Health Sciences: Master of Health Sciences·Persons who have completed the Master Course of Social Welfare: Master of Social Welfare·Persons who have completed the Master Course of Nursing: Master of Nursing

Doctoral Course

Building on knowledge acquired in the Master's course, the goal of this course is to foster a highly specialized researcher who has the potential to become key personnel in institutions, such as a local educational research institution. The researcher will possess sophisticated academic insight and research and development skills, along with a rich mind who will be responsible for providing comprehensive service made possible by collaboration in healthcare and welfare. We also offer courses online.

■ The fields of study and courses available:

- Department of Public Health Social Welfare Policy
- Department of Applied Health and Life Sciences
- Basic Research and Practical Technologies

■ Degree Titles Awarded:

Persons who have completed the Doctor Degree of Philosophy in Health Sciences, according to our degree regulations.

Master's Course

➤ Admission Policy

To foster human resources that could realize and practice the philosophy of Aomori University of Health and Welfare and play an active part in society, we seek to enroll students who have the qualities listed below:

- 1 A person who is aware of issues relating to health science and is motivated to deeply understand and search for the truth.
- 2 A person who has the necessary knowledge to scientifically and theoretically research various themes in health, medical care and welfare.
- 3 A person who has the motivation to contribute to society as a leader and/or an educator in the field of health, medical care and welfare.

➤ Curriculum Policy

Our program consists of three parts, Basic Subjects, Specialized Subjects and master's Thesis with an aim to acquire sophisticated knowledge, problem-solving and research skills relating to health, medical care and welfare. Our CNS (Certified Nurse Specialist) Course offers programs that are designed in accordance with the educational curriculum for CNS of Japan Association of Nursing Programs in Universities.

Basic Subjects

We offer (Basic Subjects for General Science), which include courses taken by students across all fields of expertise, such as research ethics, and (Basic Subjects for Specialized Research), which include courses specializing mainly in nursing science and social welfare studies. We offer courses which serve as a foundation for various practical and learning system relating to health science, such as life science/physiology and epidemiology/statistics. We also offer health literacy courses to serve as a foundation to promote behavior modification for a more healthy lifestyle within the community.

These courses are mainly taken in the first year, and serve as a foundation for taking specialized courses and planning/carrying out special research.

Specialized Subjects

We have put together our specialized courses as "modules" so that students who specialize in community health, social welfare, nursing, physical therapy or nutrition can further develop their expertise and promote practice and research beyond their specialized fields and professions.

The Master Course of Nursing and the Master Course of Social Welfare require students to obtain a certain amount of credits from the corresponding module. Although we offer a list of suggested courses for Master of Health Sciences, basically students are able to select courses based on their own academic goals. CNS course requires students to complete an Independent Studies (2 credits), which acts as their master's thesis.

Master's Thesis

Building on the basic and specialized courses, students will complete and present their master's thesis regarding the research topic they selected. Students of all degree levels are required to earn 8 credits (excluding CNS course).

Research requires awareness, idea, method and practice of themes beyond specific professions. Therefore we offer cross-sectional research fields ("Department of Public Health Social Welfare Policy", "Department of Applied Health and Life Sciences" and "Basic Research and Practical Technologies") in consideration of the various range of subjects and locations of practice and research.

➤ Diploma Policy

A Master's degree is awarded to students who have earned credits specified by the Aomori University of Health and Welfare regulation, and those who passed the final review of their thesis. They are considered to have acquired the ability to analyze, both scientifically and theoretically, various themes relating to health, medical care and welfare, and share this knowledge with society. To complete the CNS course, students must pass the final review and to be considered to have acquired the knowledge and skill of highly specialized professionals.

Doctoral Course

➤ Admission Policy

To foster human resources that can realize and practice the philosophy of Aomori University of Health and Welfare, and who can acquire sophisticated research abilities that enable them to play an active role within institutions, such as research/educational institutions and related specialized institutions, the university seeks to enroll students who have the qualities listed below:

- 1 A person who is aware of issues relating to health science and is motivated to deeply understand and search for the truth.
- 2 A person who has the basic ability to set his/her own research theme concerning the field of health, medical care and welfare, interpret the results, and present them.
- 3 A person who has the motivation to contribute to society as a researcher, educator, leader and/or administrator in the field of health, medical care and welfare.

➤ Curriculum Policy

Our program consists of three parts, Basic Subjects, Specialized Subjects and Doctoral Thesis with an aim to obtain sophisticated research ability relating to health, medical care and welfare and to disseminate research results that can benefit society.

Common Subjects

We offer advanced courses for three research fields so that students are able to learn about the methodology which serves as a foundation of research, from a multidisciplinary perspective, along with other courses where students are able to understand the philosophy and acquire specialized knowledge about "Human Care" which is a primary educational goal of our university.

Specialized Subjects

We offer special lectures and classes, including learning opportunities of cutting-edge knowledge and technology so that students are able to conduct in-depth research in their own fields, including health/medical care/welfare systems, interpersonal care management and basic research/practical skill.

Doctoral Thesis

Building on the common and specialized courses, students will complete and present their doctoral thesis regarding the research topic they selected. Research requires awareness, idea, method and practice of themes beyond specific professions. Therefore we offer cross-sectional research fields ("Department of Public Health Social Welfare Policy", "Department of Applied Health and Life Sciences" and "Basic Research and Practical Technologies") in consideration of the various range of subjects and locations of practice and research.

➤ Diploma Policy

A doctoral degree is awarded to students who have earned the credits specified by the Aomori University of Health and Welfare regulation, and those who passed the final review of their thesis. They have the ability to analyze, both scientifically and theoretically, various themes relating to health, medical care and welfare and have succeeded in deeply understanding, pursuing the truth, and sharing this knowledge with society.

Evaluation Standard of Aomori University of Health and Welfare Graduate School of Health Science Master's Programs

Master's degree is awarded to students who have completed the research ethics education, and those who are considered qualified for the award. Based on the Diploma Policy, students are comprehensively evaluated through their master's thesis, final examination (oral examination) and public scrutiny in accordance with the below evaluation standards:

1 Master's Thesis Evaluation Standards (Special Research or Guided Research)

- (1)The goal and purpose of the research is clearly identified.
- (2)The problem and background of the research theme is thoroughly analyzed with the use of documents and reference materials, and the issues are correctly understood.
- (3)The method of the research (selection of the subject, method of investigation, data analysis, etc.) is appropriate.
- (4)The explanation and observation of the results obtained are reasonable and appropriate.
- (5)The overall thesis is well-structured, and the content is both logical and consistent.
- (6)The thesis has a unique value from a theoretical or empirical viewpoint in the relevant field of research.
- (7)Research is conducted ethically.

2 Final Examination (Oral Examination) Evaluation Standards

1) Master's Thesis

- (1)The effort and achievement of the Master's Thesis has attained a certain level.
- (2)The explanations and the answers to questions regarding the Master's Thesis are accurate and logical.
- (3)The student has acquired broad knowledge, sufficient level of research skill and specialized knowledge of their field of research, to engage in professions that require sophisticated expertise.

2) Guided Research

- (1)The effort and achievement of the guided research has attained a certain level.
- (2)The explanations and the answers to questions regarding the research are accurate and logical.
- (3)The student has acquired sufficient level of knowledge and skill regarding advanced nursing characterized by the integration of "care" and "cure".

3 Public Scrutiny Evaluation Standards (Special Research and Guided Research)

- (1) The thesis and the content of the presentation are consistent.
- (2) The presentation is clear and effective for listeners to be able to deepen their knowledge.
- (3) The presenter has accurate and logical answers to the questions asked.

4 Evaluation System

The evaluation of the thesis and the final examination will be conducted by the evaluation committee composed of one member as the chairman and two or more members as the vice-chairman selected by the graduate school committee.

5 Evaluation Method

A pass shall be awarded to a thesis that is considered to have attained a certain level on all of the above-mentioned standards, based on a comprehensive evaluation with full consideration of each field's expertise and the thesis's characteristic.

Evaluation Standard of Aomori University of Health and Welfare Graduate School of Health Science Doctoral Programs

Doctoral degree is awarded to students who have completed the research ethics education, and those who are considered qualified for the award. Based on the Diploma Policy, students are comprehensively evaluated through their doctoral thesis and final examination (oral examination) in accordance with below evaluation standards:

1 Doctoral Thesis Evaluation Standards

- (1)The background, goal and purpose of the research is clearly identified.
- (2)The problem and background of the research theme is thoroughly analyzed with the use of documents and reference materials, and the issues are correctly understood.
- (3)The method of the research (selection of the subject, method of investigation, data analysis, etc.) is appropriate.
- (4)The content of the thesis is both logical and consistent, the logical composition has coherence up to the conclusion, and it leads to a conclusion that is clear and logical.
- (5)The thesis has a high level of originality and novelty from a theoretical or empirical viewpoint in the relevant field of research, as well as from the international academic standards and interdisciplinary perspective.
- (6)Research is conducted ethically.

2 Final Examination (Oral Examination)

- (1)The choice of the research topic is appropriate for the applied degree, and has a clear awareness of the issue.
- (2)The effort and achievement of the special research has attained a certain level.
- (3)The explanations and the answers to questions regarding the special research are accurate and logical.
- (4)The student has acquired a broad and specialized knowledge, and the ability to accurately understand and resolve issues in order to play an active role as a researcher or to engage in highly specialized professions.

3 Evaluation System

The evaluation of the thesis and the final examination will be conducted by the evaluation committee composed of 1 member as the chairman and two or more members as the vice-chairman selected by the graduate school committee.

4 Evaluation Method

A pass shall be awarded to a thesis which is considered to have attained a certain level on all of the above mentioned standards, based on a comprehensive evaluation with full consideration of the expertise of each field and the characteristic of the thesis.

Tuition

Initial Payment

➤ Admission Fee

Students are required to submit the below admission fee at the time of admission procedure.

Students residing within the prefecture **225,600 Yen**

Students residing outside the prefecture **338,400 Yen**

"Students residing within the prefecture" are those whom he/she, his/her spouse or a first-degree relative has lived within Aomori Prefecture from 1 year prior to the date of entrance. All others are considered as "Students residing outside the prefecture".

➤ Off-campus Training Fee (Applicable only for CNS Course)

Some of the incurred fees relating to off-campus training will be charged as Off-campus Training Fee. Please submit the payment at the time of admission procedure.

Off-campus Training Fee **30,000 Yen**

➤ Tuition Fee

Annual Fee **535,500 Yen** (401,850 Yen for long term enrollment course)

Payment Method Submit payment in two installments: the first semester (by Apr.30) and the second semester (by Oct.31).

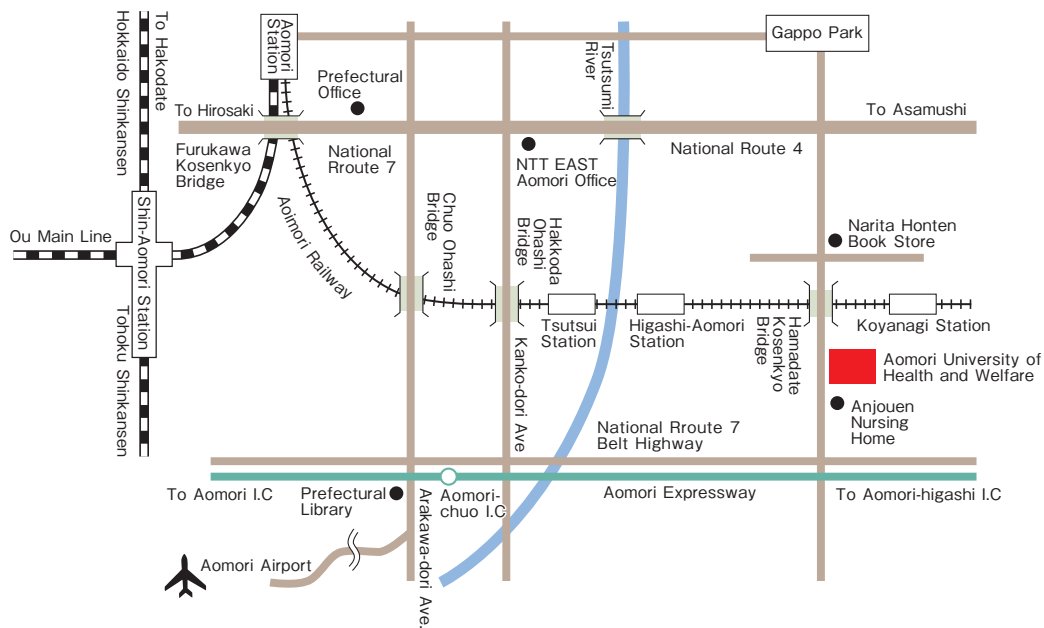
Other than the above, you will need to submit the supporters' association and alumni association membership fees. There may also be additional fees such as antibody testing for infectious diseases.

※The above fees are subject to change.

Internet Environment and Personal Computers

We will offer online courses so that students will be able to learn effectively from a remote location. Please make sure you have access to the internet and a PC before you start your school year.

Access



To Aomori City

- By JR (Train) / Approx. 3 hours from Tokyo Station to Shin-Aomori Station (Tohoku Shinkansen "Hayabusa" or "Hayate")
By JR (Train) / Approx. 1.5 hours from Hakodate Station to Shin-Aomori Station (Hokkaido Shinkansen "Hayabusa" or "Hayate")
- By Airplane / From Sapporo (Approx. 45 min) From Tokyo (Approx. 75min)
From Nagoya (Approx. 80min) From Osaka (Approx. 90min)

To Our University

- Approx. 7km from Aomori Station / Approx. 11km from Shin-Aomori Station
- By Train
From Shin-Aomori Station take the Ou Main Line and get off at Aomori Station. Take the Aomori Railway for Hachinohe and get off at Higashi-Aomori Station or Koyanagi Station. Approx. 10min (approx. 1km) walk from each station to the University.
- By Bus (Aomori Municipal Bus)
From Shin-Aomori Station South Exit, take the bus bound for Tobu-Eigyosho to Aomori Eki-mae Bus Stop (Approx. 15min).
From Aomori Eki-mae Bus Stop, take the bus bound for Toyama-danchi and Sawayama (only the bus that stops by Akenohoshi High School) and get off at Kenritsu Hoken Daigaku-mae Bus Stop (Approx. 20min).
- By Car/Taxi
Approx. 20min from Aomori Station/Approx. 25min from Shin-Aomori Station
Approx. 15min from Aomori Expressway (Aomori-chuo I.C)
Approx. 30min from Aomori Airport



Aomori University of Health and Welfare

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