

# **Application Guidelines**

Aomori University of Health and Welfare  
Graduate School  
Academic Year 2026

## **Doctoral Program Application Periods I & II**

The entrance examination will be conducted online

Graduate School of Health Sciences, Department of Health Sciences  
Health/Medical/Welfare Policy System Domain  
Interpersonal Care Management Domain  
Basic Research and Practical Technology Domain



公立大学法人 AOMORI UNIVERSITY OF HEALTH AND WELFARE

**青森県立保健大学**



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## **Features of the Graduate School**

Students from a wide range of professional fields—including nursing, physical therapy, social welfare, and nutrition, as well as those engaged in education and research—conduct research aimed at improving the health and welfare of people. They receive lectures and research supervision from faculty members across various disciplines.

### **Feature 1:**

Establishment of research fields to promote interdisciplinary studies:

- Health, Medical, and Welfare Policy Systems
- Interpersonal Care Management
- Basic Research and Applied Technology

### **Feature 2:**

Courses and research supervision tailored to working professionals, including:

- Classes held on weekends and evenings
- Intensive summer courses
- Remote lectures via web conferencing systems

## **Admission Policy**

The mission of Aomori University of Health and Welfare is to contribute to solving various health, medical, and welfare issues in Aomori Prefecture. The university aims to foster highly skilled individuals who can practice human care, utilizing the creativity born from its deep connection to the local region, which is rich in nature and the changing seasons. By advancing education and research activities based on these principles, the university strives to make a meaningful contribution to the development of the local and international communities.

To achieve this mission, the university seeks to admit students who are motivated to develop advanced research skills and who aspire to work in research and education institutions, as well as relevant specialized fields. The ideal candidates are those who exhibit the following qualities:

1. A strong sense of awareness regarding issues in health sciences, with a deep understanding and a passion for seeking the truth.
2. The ability to set independent research topics related to health, medical, and welfare issues, and to summarize and present research findings.
3. A strong desire to contribute to society as a researcher, educator, leader, or administrator in the fields of health, medical care, and welfare.

To select students who possess the high level of ability and potential outlined in our Admission Policy, and to foster a diverse student body from both Japan and abroad, we conduct an online entrance examination. The examination assesses applicants in a holistic manner, evaluating academic skills, motivation, intellectual curiosity, and other key qualities through both written and oral exams.

## **Diploma Policy**

In the Doctoral Program of the Graduate School of Health Sciences, Aomori University of Health and Welfare, the Doctor of Philosophy (Ph.D.) in Health Sciences degree is awarded to students who, based on the university's philosophy of "fostering highly skilled individuals who can practice human care," successfully complete the required credits as stipulated in the Graduate School Regulations, and pass the final examination of their doctoral dissertation, which presents the results of their Special Research. The degree is awarded to those who have also acquired the following knowledge and abilities:

1. The ability to integrate advanced expertise from an interdisciplinary and comprehensive perspective, and to identify research topics that lead to the creation of new value.
2. The ability to independently conduct research and practice aimed at solving issues in health, medical care, and welfare, with a strong sense of ethics and responsibility, and to disseminate their research findings to society through academic publications and other means.

# **Introduction — From Application Preparation to Admission**

## **1. Find a Prospective Academic Advisor**

- Review the list of faculty members on pages 17–18 to find a professor whose research interests align with yours.

## **2. Contact Your Chosen Advisor for a Preliminary Consultation**

- Please refer to page 6 for instructions on how to arrange a preliminary consultation with your prospective advisor.

## **3. Check Application Eligibility and Selection Criteria**

- Confirm your eligibility to apply and carefully review selection process.
- If you are required to obtain certification of application eligibility, please submit the designated documents by registered express mail or in person during the designated application eligibility certification period. (→ See page 7.)

**Application Period I Eligibility Certification: August 18 (Mon) – August 21 (Thu), 2025**

**Application Period II Eligibility Certification: December 10 (Wed) – December 15 (Mon), 2025**

## **4. Prepare Application Documents**

- Review the list of required documents and prepare all materials without omissions.
- Some documents may take time to prepare or obtain, so please start early.

## **5. Pay the Examination Fee**

- Pay the examination fee via bank transfer to the university's designated account.

**Application Period I Payment Deadline: September 17 (Wed) – September 29 (Mon), 2025**

**Application Period II Payment Deadline: December 30 (Tue), 2025 – January 15 (Thu), 2026**

## **6. Submit Application Documents**

- Prepare all necessary application documents and make sure that the complete set arrives within the application period. Late submissions will not be accepted.
- If you are required to undergo eligibility screening, please submit the designated documents during the specified application eligibility certification period.

**Application Period I: September 24 (Wed) – September 29 (Mon), 2025**

**Application Period II: January 9 (Fri) – January 15 (Thu), 2026**

### **7. Receive Your Examination Admission Ticket**

- Your examination ticket, which includes your examination number, will be sent to you by email.

### **8. Take the Entrance Examination**

- Refer to page 11 for details on the examination subjects and selection methods.

**Application Period I Exam Date: October 18 (Sat), 2025**

**Application Period II Exam Date: February 7 (Sat), 2026**

### **9. Announcement of Results and Enrollment Procedures**

- Please see page 14 for information on the announcement of results. Successful applicants will receive an admission notification and enrollment documents by post. To complete your enrollment, submit the necessary forms and payment of the 1st-year fees by the specified deadline.
- Those who complete enrollment will receive further information about the entrance ceremony and orientation events in March.

**Application Period I Results Announcement: October 24 (Fri), 2025**

**Application Period II Results Announcement: February 17 (Tue), 2026**

## 1. Number of Students to Be Admitted

Department of Health Sciences: 8 students

## 2. Degree Conferred

Doctor of Philosophy in Health Sciences

## 3. Duration of Program

3 years

## 4. Selection Schedule

Selection Period	Exam Date
Application Period I	October 18 (Sat), 2025
Application Period II	February 7 (Sat), 2026

## 5. Eligibility Requirements

Applicants must meet one of the following criteria:

1. Holds a master's degree, or is expected to obtain one by March 31, 2026.
2. Holds a degree equivalent to a master's degree obtained outside Japan, or is expected to obtain one by March 31, 2026.
3. Has completed a distance learning program offered by a foreign educational institution while residing in Japan and has earned a degree equivalent to a master's degree, or is expected to do so by March 31, 2026.
4. Has completed a course offered by a foreign educational institution designated by the Minister of Education, Culture, Sports, Science and Technology (MEXT) as equivalent to a graduate program in Japan, and has earned or is expected to earn by March 31, 2026 a degree equivalent to a master's or professional degree.
5. Is recognized by MEXT as having academic ability equivalent to or higher than a person with a master's degree, based on more than two years of research experience at a university or research institute after graduating from a university or completing 16 years of formal education overseas (based on MEXT Notification No. 118, 1989).
6. Is recognized by this graduate school, through an individual screening of application eligibility, as having academic ability equivalent to or higher than a person with a master's degree, and will be at least 24 years old by March 31, 2026.
7. Is otherwise recognized by this graduate school as possessing academic ability equivalent to or higher than that of a person with a master's degree.

*Note: Applicants who fall under categories 5 to 7 must undergo a preliminary eligibility screening before submitting their application. (See section "6. Application Eligibility Screening" for details.)*



## 6. Preliminary Consultation with a Prospective Academic Advisor

### (1) About Academic Advisors

An academic advisor is a faculty member who will supervise your doctoral dissertation or research project.

All prospective applicants must select an academic advisor and complete a **preliminary consultation before applying**.

*Note: If you are required to undergo application eligibility screening, the consultation must take place before submitting your eligibility screening request.*

### (2) How to Arrange a Consultation

Refer to the university website and the graduate school guide, then contact your chosen academic advisor directly by phone or email. A meeting will be arranged to discuss your intended research after enrollment. For contact information, please refer to pages 12–13.

## 7. Support for Working Professionals

To accommodate working professionals, the university implements the following measures:

- Classes offered in the evenings and on weekends
- Intensive summer courses
- Active use of online learning

These efforts help create an environment where students can balance work and academic studies.

## 8. Application Eligibility Screening

### (For Applicable Applicants Only)

Applicants who fall under **Eligibility Categories 5 to 7** must undergo an **eligibility screening** *before applying*.

#### (1) Screening Method

The eligibility screening will be conducted in advance of the application, based solely on the submitted documents.

#### (2) Required Documents

Place the following documents in an envelope and submit them by **registered express mail** or in person.

Please write in red on the envelope:

#### **"Application Documents for Eligibility Screening for Doctoral Program"**

*Note: Submitted documents will not be returned.*

Applicants corresponding to Categories 5 to 7 must submit:

1. Application Form for Eligibility Screening [Form E]
2. Curriculum Vitae (CV) [Form B]
3. Record of Professional Achievements [Form F]
4. List of Research Achievements and Related Information [Form D]
5. Academic Transcript  
Issued on the designated form of the institution last attended and sealed by the issuing institution.
6. Certificate of Graduation (or Expected Graduation)  
Issued on the designated form of the institution last attended and sealed by the issuing institution.
7. Certificate of Enrollment as a Graduate Research Student (if applicable)  
Applicants who were enrolled as graduate research students must submit a certificate issued on the designated form of the institution and sealed by the issuing institution.

#### **Notes:**

- All documents written in a foreign language must be accompanied by a Japanese translation.
- The university-designated forms (**Forms E, B, F, and D**) can be downloaded from the university website:  
<https://www.auhw.ac.jp/daigakuin/exam/seikyuu.html>

Submission Address:

Academic and Student Affairs Division

Aomori University of Health and Welfare

58-1 Hamadate-Mase, Aomori City, Aomori, 030-8505, JAPAN

### **(3) Application Period and Notification**

#### **(i) Application Period**

- **Application Period I:** August 18 (Mon) – August 21 (Thu), 2025
- **Application Period II:** December 10 (Wed) – December 15 (Mon), 2025  
(Deadline: Must arrive by **5:00 PM on the final day**)  
*In-person submissions are accepted from 9:00 AM to 5:00 PM.*

#### **(ii) Notification of Screening Result**

Screening results will be sent by email to each applicant:

- **Application Period I:** By September 19 (Fri), 2025
- **Application Period II:** By December 26 (Fri), 2025

Successful applicants must complete the application procedures within the designated application period.

## **9. Application Procedures**

### **(1) Application Period**

- **Application Period I:** September 24 (Wed), 2025 – September 29 (Mon), 2025
- **Application Period II:** January 9 (Fri), 2026 – January 15 (Thu), 2026  
(Documents must arrive by 5:00 PM on the final day.)  
*If submitting documents in person, office hours are from 9:00 AM to 5:00 PM.*

### **(2) Application Method**

Place all required application documents in an envelope and submit them **by registered express mail or in person.**

Please write in red on the envelope:

**"Application Documents for Doctoral Program"**

Submission Address:

Academic and Student Affairs Division

Aomori University of Health and Welfare

58-1 Hamadate-Mase, Aomori City, Aomori, 030-8505, JAPAN

**(3) Notes on Application**

1. Applications with incomplete documents will not be accepted.
2. For application documents that must be submitted using university-designated forms (e.g., Application Form, CV), please complete them using a computer whenever possible. If handwritten, use black ink or a black ballpoint pen, and write clearly in block letters.
3. No changes to application details will be accepted after submission. If your name, address, or phone number changes, notify the Academic Affairs and Student Services Division.
4. Submitted documents will not be returned.
5. The application fee is non-refundable, except in the following cases:
  - You paid the fee but did not submit the application documents.
  - Your application was not accepted despite payment.
  - You accidentally paid the fee more than once.*In such cases, please contact the Academic Affairs and Student Services Division promptly.*
6. Your examination admission ticket will be sent by email after your application is accepted. If you do not receive it at least three days before the exam, contact the Academic Affairs and Student Services Division.
7. If any information in your application is found to be false or if you are later deemed ineligible, your admission may be revoked—even after enrollment.

**(4) Prior Consultation for Applicants with Disabilities**

If you have a **physical or other disability** and require special accommodations for the examination or during your studies, please contact the Academic Affairs and Student Services Division **by email** (nyushi@ms.auhw.ac.jp) by the following dates:

- **Application Period I:** August 8 (Fri), 2025
- **Application Period II:** December 5 (Fri), 2025

## 10. Application Documents

(◎: Required / △: Submit if applicable)

No.	Document	Required	Notes
1	Application Form [Form A]	◎	Use the designated form provided by the university and fill in all required information completely.
2	Curriculum Vitae [Form B]		
3	Research Plan [Form C]		
4	Record of Research Achievements [Form D]	◎	Use the designated form provided by the university and fill in all required information completely. Attach one copy each of two different publications from your research achievements (originals or photocopies).
5	Two ID Photos for the Exam Admission Ticket	◎	Two photographs (4 cm × 3 cm, upper body, full-face, no hat, plain background, taken within three months prior to application). Write your name on the back of each photo.
6	Certificate of Graduation (or Expected Graduation)	△	Sealed by the issuing institution of one school that meets your application eligibility. If you are eligible based on multiple schools, submit a certificate from one of your choice. Not required for current AUHW graduate school students expected to complete the program.
7	Academic Transcript from Final School Attended	◎	Sealed by the issuing institution of one school that meets your application eligibility. If eligible based on multiple schools, submit a transcript from one of your choice.
8	Copy of Proof of Payment of Application Fee (¥30,000)	◎	<p>Pay the application fee to the account below and submit a copy of the transaction receipt. Transaction fees are the applicant's responsibility.</p> <p>※ ATM users: use the transaction receipt.            ※ Online banking users: print the payment confirmation screen.</p> <p><b>Payment Periods:</b>            Application Period I: Sep 17–Sep 29, 2025            Application Period II: Dec 30, 2025–Jan 15, 2026</p> <p><b>Bank Details:</b>            Bank Name: Aomori Michinoku Bank,Ltd            (Swift Code: AOMBJPJT)            Branch Name: Hamadate Branch            Branch No.: 140            Account Type: Ordinary savings            Account No.: 1097912            Account Name: Aomori University of Health and Welfare</p>
9	Official Copy of Family Register	△	Required if the name on your certificates differs from your current legal name.
10	Copy of Residence Card (Both Sides) or Certificate of Residence	△	For non-Japanese nationals residing in Japan: submit a double-sided copy of your Residence Card or a Certificate of Residence issued by your local municipal office (must show residency status).

### Notes:

- The designated university forms [Forms A to D] can be downloaded from our university website: <https://www.auhw.ac.jp/daigakuin/exam/seikyuu.html>
- Applicants who have already undergone the **Eligibility Screening** are not required to resubmit items No. 2, 4, 6, and 7 (i.e., Curriculum Vitae [Form B], Record of Research Achievements [Form D], Certificate of Graduation, and Academic Transcript), as these were already submitted.

## 11. Selection Process

Admission decisions are based on a comprehensive evaluation of entrance examination results and submitted application materials.

The entrance examination consists of the following components:

(Total score: 200 points)

Examination Component	Duration	Points
<b><u>Written Examination (English)</u></b> The English test will be conducted online. It assesses the level of English proficiency necessary for reading academic books and journal articles. Applicants will read an English passage (approximately 1,200 words) related to health, medicine, or social welfare and respond to 3 to 5 questions. These questions will primarily involve translation into Japanese and summarization.	60 minutes	100 points
<b><u>Oral Examination</u></b> The oral examination will be conducted based on the research proposal submitted in advance. Applicants will be evaluated on their motivation and enthusiasm for research, understanding of the academic background and significance of their research topic, research aptitude and ability, as well as their independence and teamwork skills.	30 minutes	100 points

※ The level of difficulty of the examination is designed to be consistent across both Application Period I and Application Period II.

[Note: Regarding Sources for the Entrance Examination]

*Please note that the examination questions will not be disclosed.*

Academic Year	Sources (References used in exam questions)
2024	Duckki Lee. "AI-based Healthcare Chatbot." International Research Journal of Engineering and Technology, 10(2), 2023, pp.563-567
	Matthew J. Douma, et al. "First aid cooling techniques for heat stroke and exertional hyperthermia: A systematic review and meta-analysis." Resuscitation, 148, 2020, p.174
2023	Benjamin Smith, MD, Jared W. Magnani, MD, MSc. "New technologies, new disparities: The intersection of electronic health and digital health literacy." International Journal Cardiology, 2019, pp.280-282
	Arora A., et al. "The value of standards for health datasets in artificial intelligence-based applications." Nature Medicine, 29, 2023, pp.2929-2938.
2022	Dunecan Massey, et al. <i>Carpenter's Neurophysiology : A Conceptual Approach, sixth edition</i> , CRC press, 2022, pp.128-129
	World Health Organization. "Preventing suicide: a global imperative, Global epidemiology of suicide and suicide attempts", 2014, pp.14-27

## 12. Examination Schedule and Method

### (1) Examination Dates and Times

#### [Application Period I]

Date	Examination Component	Time
October 19 (sat), 2025	Written Examination (English)	9:00 AM – 10:00 AM
	Oral Examination	From 10:30 AM

Please log in by **8:30 AM** to prepare your equipment and internet connection.

#### [Application Period II]

Date	Examination Component	Time
February 8 (Sat), 2026	Written Examination (English)	9:00 AM – 10:00 AM
	Oral Examination	From 10:30 AM

Please log in by **8:30 AM** to prepare your equipment and internet connection.

### (2) Online Examination Method

The entrance examination will be conducted **entirely online**. Admission decisions will be based on a comprehensive evaluation of the results of the Written Examination (English) and Oral Examination, as well as submitted application documents.

1. Both the Written Examination and the Oral Examination will be conducted online. The university does not provide or lend any equipment; therefore, applicants must prepare all necessary devices and internet access as described in items 2 and 3 below. All associated costs, including internet fees, must be borne by the applicant.
2. During the Oral Examination, applicants will be required to share their presentation materials via screen sharing. As smartphones and tablet devices may not function reliably for this purpose, the use of a personal computer is strongly recommended.
3. In addition to a computer, please prepare a webcam, microphone, and any other necessary equipment.
4. The examination questions and answer sheets will be sent to the email address provided on the Application Form (Form A) by the day before the examination. Applicants must

print the materials and make the necessary preparations themselves. Detailed instructions will be included in the email.

5. The Oral Examination will focus mainly on the applicant's research. It will be conducted in an individual interview format and last approximately 30 minutes. This includes a 10-minute presentation on the applicant's master's thesis (or key research paper) and future research plan, followed by a 20-minute question-and-answer session regarding the research plan and the applicant's academic knowledge.
6. Presentation materials for the Oral Examination must be submitted by email by the designated deadline. The university will print and distribute the submitted materials to the interviewers. The submission deadline will be provided at the time the examination admission ticket is issued.

**Submission email:** nyushi@ms.auhw.ac.jp

### **(3) Examination Instructions**

1. Applicants must complete all preparations, including testing their equipment and internet connection, and log into the designated Zoom examination room by 8:30 AM on the day of the exam.
2. Late arrivals will be allowed to take the Written Examination (English) only if they log in within 20 minutes after the start time. However, the examination time will not be extended.
3. Failure to take either the Written Examination or the Oral Examination will be regarded as a withdrawal from the application process.

The schedule, including the start time of your Oral Examination, will be sent along with the examination admission ticket. Please make sure to check it carefully.

4. The examination admission ticket will be sent as a PDF file. Since you will not be allowed to use a smartphone or other device during the exam, please print it in advance and keep it at hand so that you can present it immediately when requested.
5. The examination admission ticket will also be required during the enrollment procedures. Please retain a printed or electronic copy and keep it safe even after the examination.
6. Only the following items are permitted during the exam:
  - Devices necessary for the online exam (PC, webcam, microphone, etc.)
  - Pencils (mechanical pencils allowed)
  - Erasers
  - Pencil sharpener
  - Analog watch (timekeeping function only)
  - Dictionary between English and your native language (electronic dictionaries are not allowed)



7. Mobile phones or smartphones may be used only for photographing and sending your answer sheets or for emergency contact.
8. Set your phone to silent mode and do not touch it during the exam unless instructed by the examiner.  
Set your phone to silent mode and do not touch it during the exam unless instructed by the examiner.
9. The Oral Examination will be conducted individually and last for approximately 30 minutes, consisting of:
  - A presentation on your master's thesis (or major research paper) and your future research plan (approx. 10 minutes)
  - A question-and-answer session regarding your research plan and specialized knowledge (approx. 20 minutes)
10. After completing the Written Examination by hand, please photograph your answer sheet using a smartphone or similar device, and submit it by email to the designated address.  
Detailed instructions, including the submission method and email address, will be provided in advance. Please follow them carefully.
11. Additional important information will be provided in the email sent with your examination admission ticket. Be sure to read it thoroughly and prepare accordingly.

## **13. Announcement of Examination Results**

### **[Application Period I]**

October 24 (Fri), 2025 – 10:00 AM

### **[Application Period II]**

February 17 (Tue), 2026 – 10:00 AM

The examination results (examinee numbers of successful applicants) will be announced on the university's official website.

Please check the results via the following URL or the QR code on the right:

<https://www.auhw.ac.jp/daigakuin/exam/goukakusya.html>



Successful applicants will also receive a formal notification of admission by mail.

We will not respond to inquiries about results by telephone, mail, or email.

## 14. Enrollment Procedures

### (1) Enrollment Procedure

#### 1. Enrollment Period

##### [Application Period I]

October 27 (Mon) – November 7 (Fri), 2025

*Hours: 9:00 AM – 11:45 AM and 1:00 PM – 5:00 PM*

(excluding Saturdays, Sundays, and public holidays)

##### [Application Period II]

February 18 (Wed) – February 27 (Fri), 2026

*Hours: 9:00 AM – 11:45 AM and 1:00 PM – 5:00 PM*

(excluding Saturdays, Sundays, and public holidays)

#### 2. Enrollment Method

Details regarding enrollment procedures and the required documents will be sent along with the admission notification.

Applicants must either mail the required documents (to arrive within the designated period) or submit them in person at the address below.

#### 3. Submission Address

Academic and Student Affairs Division

Aomori University of Health and Welfare

58-1 Hamadate-Mase, Aomori City, Aomori, 030-8505, JAPAN

TEL: +81-17-765-2007

### (2) First-Year Fees

*Note: The amounts shown are for students entering in the 2025 academic year and are subject to change.*

#### 1. Admission Fee

The following admission fee must be paid at the time of enrollment:

- Residents of Aomori Prefecture: ¥225,600
- Non-residents of Aomori Prefecture: ¥338,400

*A "resident of Aomori Prefecture" is defined as an individual, or their spouse or first-degree relative, who has been continuously registered as a resident in Aomori Prefecture for at least one year prior to the date of enrollment. All others are considered non-residents.*

## 2. Tuition Fee

- **Amount:** ¥535,800 per year
- **Payment Method:** Tuition must be paid in two installments — the first in May (spring semester) and the second in October (fall semester).

*In addition to the above, students will be required to pay student association and alumni association fees. Additional fees, such as those for antibody testing, may also apply.*

※ The above fees are for students entering in the 2026 academic year and are subject to change.

## (3) Supplementary Admission

If there are any vacancies after the initial enrollment period ends, additional applicants may be admitted from the list of eligible candidates.

## (4) Preparation of Internet Access and Computer Equipment

This university actively incorporates remote learning in its curriculum. Therefore, please ensure you have access to a reliable internet connection and a personal computer before enrollment.

## 15. Contact Information for Academic Advisors

### (1) Health/Medical/Welfare Policy System Domain

Title	Name	Research Lab	Contact Email
Specially Appointed Professor	Motoki Ohnishi	Public Health	m-ohnishi@ms.auhw.ac.jp
Professor	Terumi Kogawa	Community Health	t_kogawa@ms.auhw.ac.jp
Professor	Hiroko Kodama	Elderly Care System	h_kodama@ms.auhw.ac.jp
Professor	Keisuke Saito	Health Promotion and Rehabilitation	k_saito@ms.auhw.ac.jp
Professor	Tomoe Sakashita	Mental Health and Psychiatric Rehabilitation	t_sakashita@ms.auhw.ac.jp
Professor	Masayuki Soma	Elderly Health Support	m_soma@ms.auhw.ac.jp
Professor	Toru Takizawa	Health Sociology	t_takizawa@ms.auhw.ac.jp
Professor	Atsuko Chiba	Occupational Health	atsuko_chiba@ms.auhw.ac.jp
Professor	Kenta Matsumura	Epidemiology and Nutritional Psychiatry	k_matsumura@ms.auhw.ac.jp
Professor	Miki Miyoshi	Global and Community Nutrition	m_miyoshi@ms.auhw.ac.jp
Professor	Masumi Murakami	Nursing Administration	m_murakami@ms.auhw.ac.jp
Professor	Akitomo Yasunaga	Health and Behavioral Science	a_yasunaga@ms.auhw.ac.jp
Professor	Nobuo Yoshiike	Health Promotion and Nutrition Policy	n_yoshiike@ms.auhw.ac.jp

### (2) Interpersonal Care Management Domain

Title	Name	Research Lab	Contact Email
Professor	Harumi Kadohama	Theory Development in Nursing Practice	h_kadohama@ms.auhw.ac.jp
Professor	Megumi Sato	Women's Health Nursing	m_sato@ms.auhw.ac.jp
Professor	Saiko Shikanai	Nutrition for School-aged Children	s_shikanai@ms.auhw.ac.jp
Professor	Hiroshi Shinohara	Sports Rehabilitation	h_shinohara@ms.auhw.ac.jp
Professor	Yuko Degai	Gerontological Nursing	y_degai@ms.auhw.ac.jp
Professor	Hiromi Narui	Cancer Nursing	h_narui@ms.auhw.ac.jp
Distinguished Research Professor	Shigeru Yamamoto	Asian Nutrition and Food Culture	s_yamamoto@ms.auhw.ac.jp

### (3) Basic Research and Practical Technology Domain

Title	Name	Research Lab	Contact Email
Associate Professor	Hiromi Izawa	Food Development and Safety	h_izawa@ms.auhw.ac.jp
Professor	Naoki Nanashima	Food Functional Chemistry	n_nanashima@ms.auhw.ac.jp
Associate Professor	Toshio Norikura	Basic Nutrition	t_norikura@ms.auhw.ac.jp
Associate Professor	Isato Fukushi	Rehabilitation Science	i_fukushi3@ms.auhw.ac.jp
Professor	Sangun Lee	Biological Functions	leesu@ms.auhw.ac.jp
Associate Professor	Tatsunori Watanabe	Cognitive Motor Neuroscience	t_watanabe3@ms.auhw.ac.jp

*If you are unable to contact a prospective academic advisor, please inquire with the Academic Affairs and Student Services Division at: [nyushi@ms.auhw.ac.jp](mailto:nyushi@ms.auhw.ac.jp)*

For more information about academic advisors and research topics, please refer to our university website using the URL or QR code below:

<https://www.auhw.ac.jp/daigakuin/health/laboratory.html>



## **16. Disclosure of Examination Results**

Applicants may request the disclosure of their individual examination scores. However, to protect personal information, this request can only be made by the applicant themselves.

### **(1) Information Available for Disclosure (Individual Entrance Examination Scores)**

- Score for the Written Examination
- Score for the Oral Examination

### **(2) How to Request Disclosure**

Requests must be made in person by the applicant at the designated office.

#### **1. Disclosure Request Period**

- Application Period I: October 25 (Fri) – November 25 (Mon), 2025
- Application Period II: February 17 (Mon) – March 17 (Mon), 2026

#### **2. Hours for Requests**

- 11:00 AM to 3:00 PM (excluding weekends and national holidays)

#### **3. Location**

- Academic Affairs and Student Services Division, Aomori University of Health and Welfare

#### **4. Required Document**

- Examination admission ticket (used to verify identity)

### **(3) Location and Method of Disclosure**

Requests and disclosure of results will take place at the Academic Affairs and Student Services Division, Aomori University of Health and Welfare.

Scores will be disclosed by allowing the applicant to view their own individual entrance examination results.

# **Application Document Forms**

- **Application Form [Form A]**
- **Curriculum Vitae [Form B]**
- **Research Plan [Form C]**
- **Record of Research Achievements [Form D]**

*The following forms are for the Eligibility Screening Application.*

- **Application Form for Eligibility Screening [Form E]**
- **Record of Professional Achievements [Form F]**

The above forms can be downloaded from the university's website.

**<https://www.auhw.ac.jp/daigakuin/exam/seikyu.html>**

Form A

Your name, date of birth, and other information entered in Form A will be automatically transferred to Form B and subsequent forms. Please make sure to complete Form A first.

Graduate School of Health Sciences, Aomori University of Health and Welfare  
Doctoral Program in Health Sciences

## Application Form

Application Period	Period II	Examination No.**	
Applicant's Name	Anna Li	Gender	Female
		Date of Birth	1993/8/8
Academic Supervisor	<input checked="" type="checkbox"/> ← Check this box if you have already had a prior consultation.		
Name	Taro Tsugaru	Research Domain	Health/Medical/Welfare Policy System Domain
Address	58-1, Aza-Mase, Hamadate, Aomori City, Aomori 030-8505, Japan		
Email Address	****@**.*.*	Phone Number	#09-5555-998-95-210
Employer (for current employees only)			
Company/Organization Name	Saint River International University		
Department/Division	Faculty of Nursing, Department of Global Public Health Nursing	Job Title	Assistant Professor
Eligibility for Application	Name of Institution (Graduate School / University / Junior College, etc.)	Harmony Medical University Graduate School	
	Graduate School / Program, Faculty / Department Name	International Nursing Studies	
	School Address / Location	Unit ***, *** Harmony Street, Brgy. Commonwealth, Quezon City, Metro Manila, 1111, Philippines	
	Status of Graduation / Completion	Graduated / Completed	
	Graduation Date (Year/Month)	2024/3	
Preferred Language for Entrance Examination		English	
Preferred Language for Courses and Research Supervision		English	

Note 1) Do not write in the sections marked with (\*\*).

Note 2) Please fill in the required information for each item or select from the drop-down menu.

### We kindly ask you to complete the following questionnaire.

Please check all that apply regarding how you learned about our graduate school (multiple answers allowed):

- |                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> | 1 Website, graduate school brochure, or other promotional materials        |
| <input checked="" type="checkbox"/> | 2 Recommendation from a current student or graduate of our graduate school |
| <input type="checkbox"/>            | 3 Recommendation from a supervisor or colleague                            |
| <input type="checkbox"/>            | 4 Recommendation from a family member or friend                            |
| <input type="checkbox"/>            | 5 Other (If you select "Other," please specify in the box below.)          |

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## Curriculum Vitae

Application Period	Period II	Examination No.**	
Address	58-1, Aza-Mase, Hamadate, Aomori City, Aomori 030-8505, Japan		
Applicant's Name	Anna Li	Date of Birth	1993/8/8
Educational Background			
Year	Month	Details	
2000	6	Entered Greenfield Elementary School (Philippines)	
2006	3	Graduated from Greenfield Elementary School	
2006	6	Entered Sunrise Secondary School (Philippines)	
2012	3	Graduated from Sunrise Secondary School	
2012	6	Entered Oceanview University, Faculty of Nursing (Philippines)	
2016	3	Graduated from Oceanview University	
2017	9	Entered Harmony Medical University Graduate School, Department of International Nursing Studies (Philippines)	
2019	8	Completed Master's Program at Harmony Medical University Graduate School	
Work Experience			
Year	Month	Details	
2016	6	Joined Sunrise General Hospital, Department of Internal Medicine (Philippines), as a Registered Nurse	
2019	8	Left Sunrise General Hospital	
2019	9	Appointed as Assistant Professor, Department of Global Public Health Nursing, Faculty of Nursing, Saint River International University (Canada)	
Present	-	Currently employed at Saint River International University	
Licenses and Certifications			
Type	Registered Nurse (Philippines)		
Date of Issue	2016/8		
License Number	RN-*****-PH		
Disciplinary Actions			

Note 1) Do not write in the sections marked with (\*\*).

Note 2) Regarding Academic Background.

① For education in Japan, please fill in from high school graduation (or its equivalent) onward.

② For education abroad, please list all schools attended during elementary education (primary school), secondary education (middle and high school), and higher education (university and graduate school).

Note 3) Regarding the Employment History section.

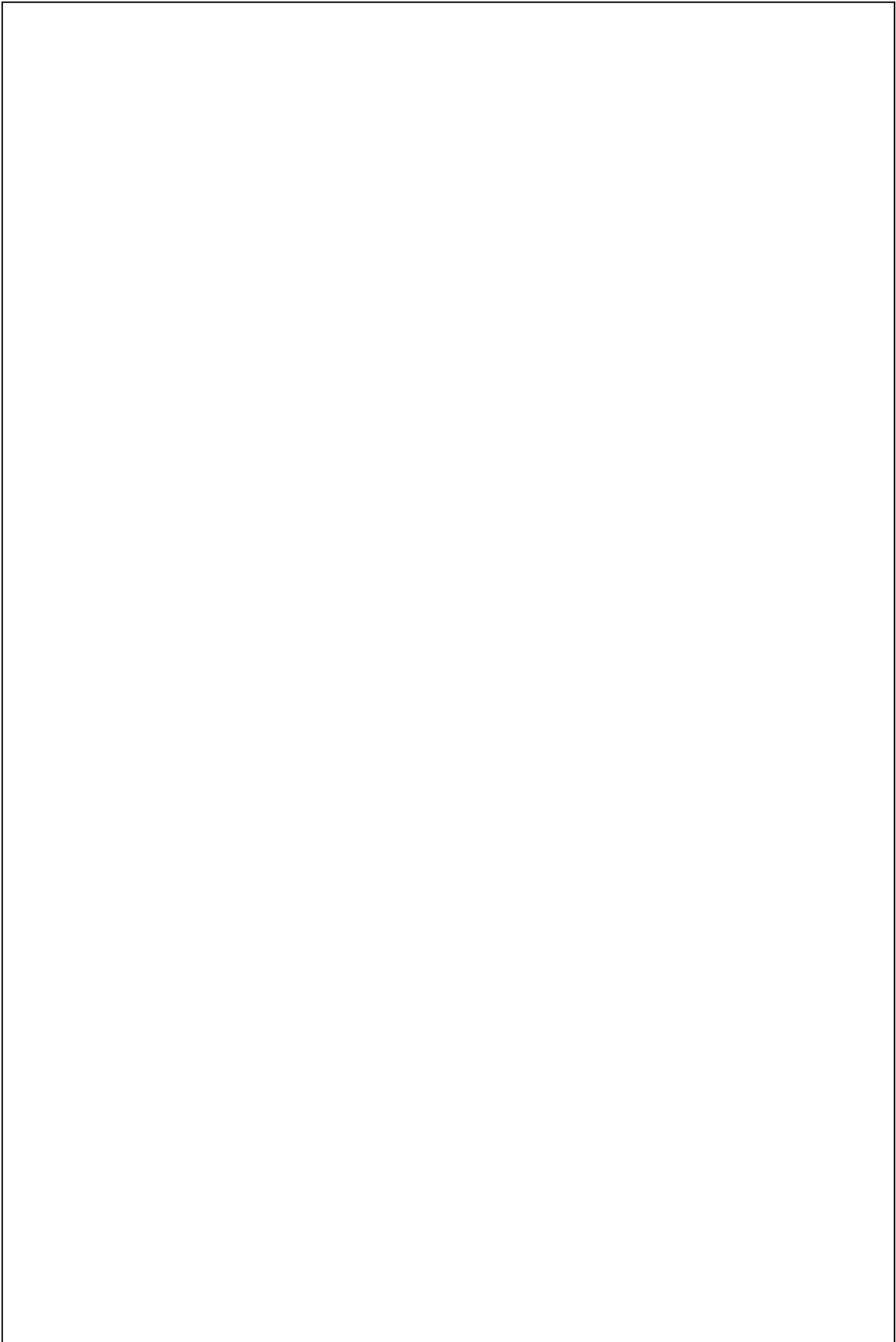
# Research Proposal

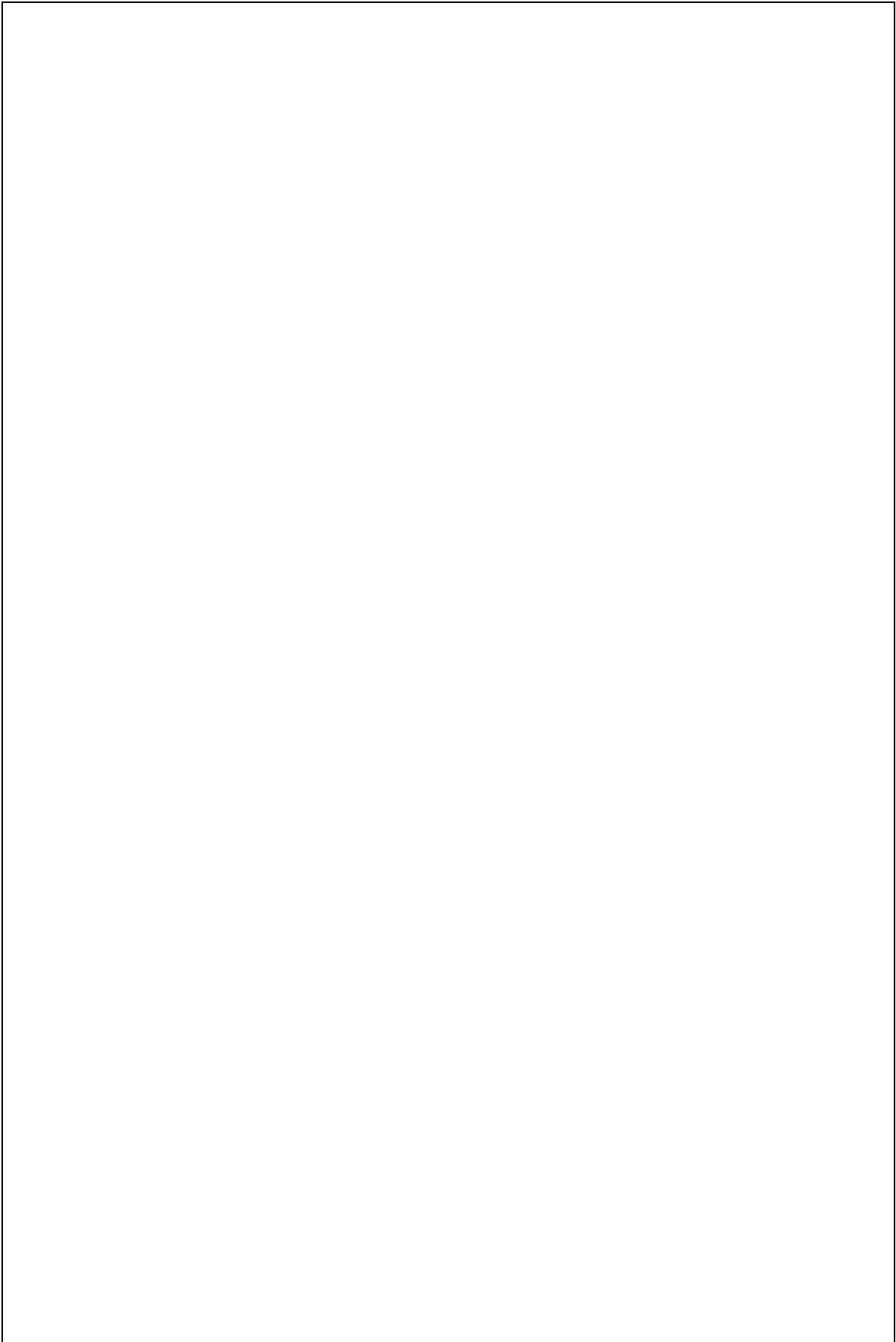
Doctoral Program, Academic Year 2026

Application Period	<input type="checkbox"/> Period I <input type="checkbox"/> Period II	Examination No.**	
Applicant's Name			
Name of Academic Supervisor			
Proposed Research Topic			
<u>1. Your Motivation for Choosing This Research Topic</u> Why did you choose this research topic? What issue or question inspired your interest?			
<u>2. Your Research Plan</u> What methods will you use, and what do you aim to clarify or achieve through your research?			

## Instructions for Filling out the Form

Do not write in the sections marked with (\*\*).  
 Please keep your responses within three pages.  
 Print the form single-sided on A4 paper and submit it.





# Research Achievements and Activity Report

Doctoral Program, Academic Year 2026

Application Period	<input type="checkbox"/> Period I <input type="checkbox"/> Period II	Examination No.**	
Applicant's Name			

## Instructions for Completion

Please list your research achievements, including books, academic papers (including your master's thesis), and conference presentations.

Attach two representative works (originals or copies) from among your research achievements.

If you have a master's thesis, please attach its abstract.

1. **Books:** List all authors, book title, publisher, and year of publication (in this order).
2. **Academic Papers:** List all authors, paper title, journal name, volume (issue), page numbers, and year of publication.
3. **Conference Presentations:** List all authors, title of presentation, name of the conference or academic meeting, and year of presentation.
4. **Other:** Include research reports, translations, creative works, etc.

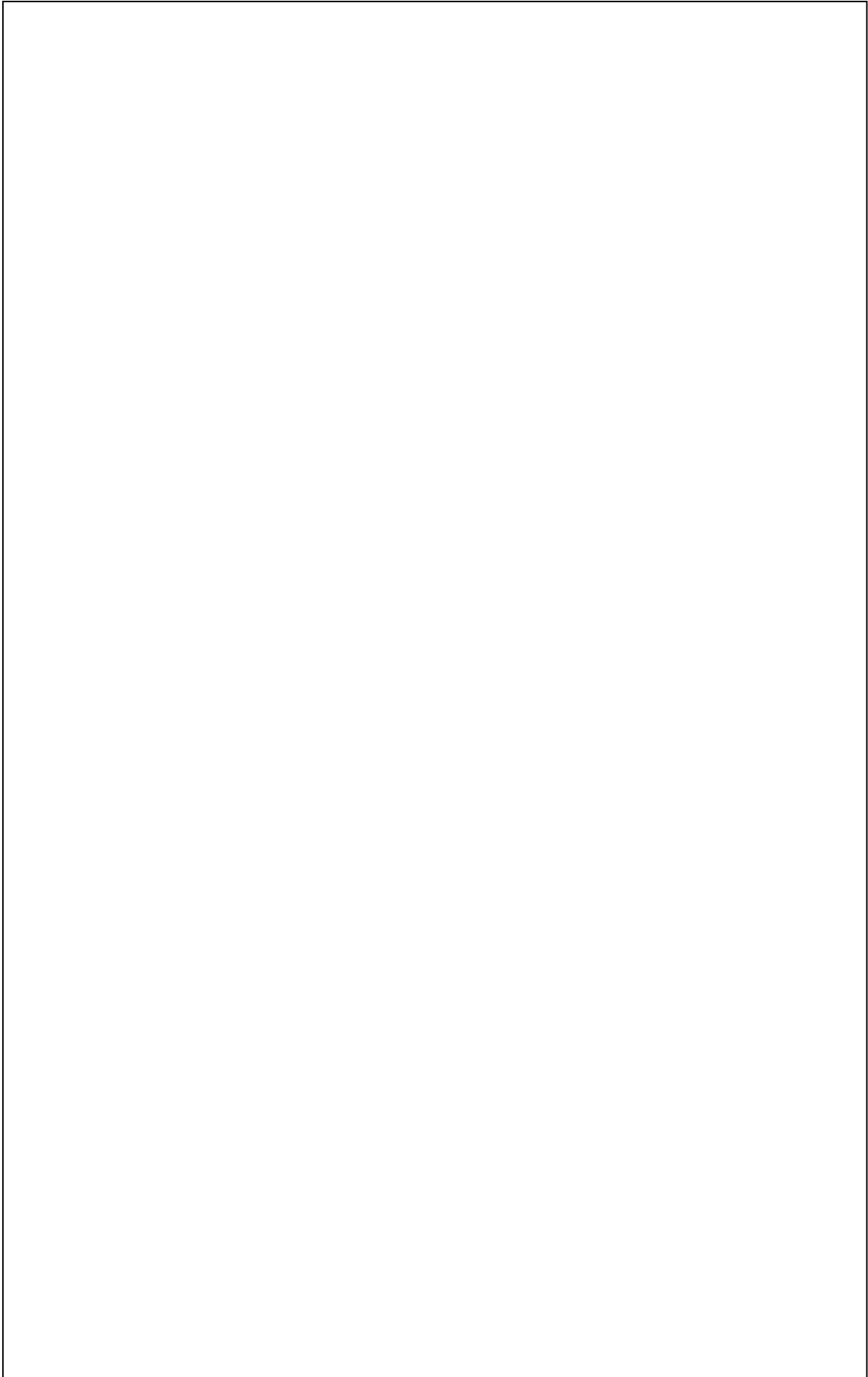
**[This textbox provides supplemental instructions. Please delete it before submission.]**

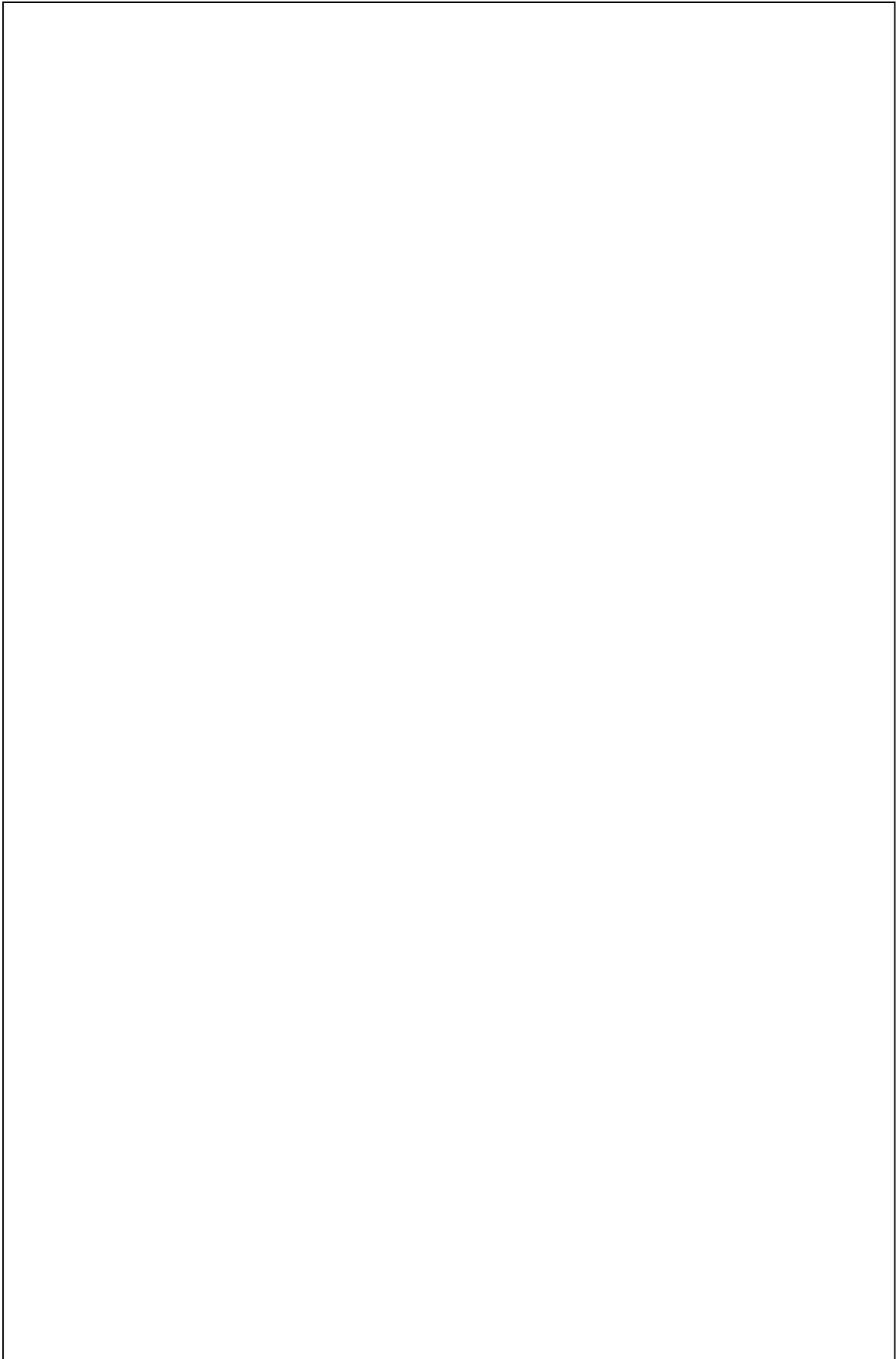
## Instructions for Filling Out the Form

Do not write in the sections marked with (\*\*).

Please keep your responses within three pages.

Print the form single-sided on A4 paper and submit it.





Academic Year 2026

Graduate School of Health Sciences, Aomori University of Health and Welfare

Doctoral Program in Health Sciences

**Application Form for Eligibility Screening**

Application Period	Period II	Examination No.**	
<p>To the President of Aomori University of Health and Welfare,</p> <p>I wish to apply for the entrance examination of the Graduate School of Health Sciences, Department of Health Sciences (Doctoral Program).</p> <p>Therefore, I hereby submit this application along with the required documents to obtain certification of eligibility for application.</p> <p>2025/9/12</p> <p>Name: Anna Li</p>			
Research Domain	Health/Medical/Welfare Policy System Domain		
Address	58-1, Aza-Mase, Hamadate, Aomori City, Aomori 030-8505, Japan		
Phone Number	#09-5555-998-95-210		
Email Address	****@**.*.*.*		
Highest Education	Name of School	Harmony Medical University Graduate School	
	Status of Graduation / Completion	Graduated / Completed	
	Graduation Date (Year/Month)	2024/3	

Note) Do not write in the sections marked with (\*\*).



Academic Year 2026  
Graduate School of Health Sciences, Aomori University of Health and Welfare  
Doctoral Program in Health Sciences

Record of Professional Achievements

[for Eligibility Screening]

Application Period	Period II	Examination No.**	
Applicant's Name	Anna Li	Date of Birth	1993/8/8
Research Domain	Health/Medical/Welfare Policy System Domain		
Professional Achievements (Publications, Conference Presentations, and Other Academic Activities)			
Date (Year/Month)	Professional Achievements		
2021/11	Presented a paper titled “Community-Based Nursing Practices in Post-Disaster Areas” at the 18th International Conference on Global Health (Bangkok, Thailand).		
2022/3	Published a research article: “Cultural Competence in Cross-Border Nursing Care”, Journal of International Nursing Studies, Vol. 27, No. 1.		
2022/9	Served as session chair for the panel on “Global Health Equity and Nursing” at the Asia-Pacific Nursing Education Forum (Seoul).		
2023/2	Delivered a guest lecture titled “Ethics and Empathy in International Nursing” at Harmony Medical University.		
2023/7	Participated in the WHO Global Workshop on Migrant Health Nursing as a delegate from Japan.		
2024/1	Co-authored a chapter in “Handbook of Intercultural Nursing Practice” (Spring Medical Press), focused on comparative policy systems in community health.		

Note 1) Do not write in the sections marked with (\*\*).

Applicants who are applying for eligibility screening under categories 5, 6, or 7 of the Eligibility Requirements must submit copies of their professional achievements, such as published papers, research reports, and abstracts of conference presentations.